The Ultimate Corporate Event Company

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Motivational Humourist & Speaker

https://www.kmprod.com/speakers/judy-croon

Bio

Speaker Judy Croon is Canada's Keynote Humorist, Tedx motivational speaker, and stand-up coach at Second City. She has worked with many celebrities including; John Cleese, Jon Stewart, and the late Joan Rivers. Her specials have appeared on *NBC, CBS, CTV* and *The Comedy Network*.

Judy draws from her standup performance and coaching experience to entertain, inform and inspire in her dynamic keynote entitled, 'Relieving Work Related Stress with Humour'.

She is a co-author of "*From the Stage to the Page: Life Lessons from Four Funny Ladies!"*

Judy is the creator/host of 'Laughlines' and 'Stand Up For The Girls' which have both helped raise over $650,000 for breast cancer research.

Topics

KEYNOTES & VIRTUAL:

Relieving Work Related Stress with Humour

Stress is a major cause of most illnesses, and humour is an amazing way to relieve it. Harvard studies show that when you are stressed, your brain shrinks. However, when you laugh, you

relax; and when you relax, you learn. This hilarious and inspirational session explores (7) stress-relieving ingredients: a positive attitude, perseverance, forgiveness, teamwork, family and friends, mental activity and physical activity. [morelink]

Taming Workplace Hecklers – Dealing with Difficult People

In showbiz, a heckler is a person in the audience who disrupts the show. In business, a heckler is the person who disrupts the flow. As a performer, Judy notes that there are (3) specific types of hecklers in an audience: bullies, snipers and buffoons. [morelink]

COACHING & COMMUNICATION WORKSHOP: DELIVERING MORE EFFECTION PRESENTATIONS

Stand-Up To Stress Workshop

Judy is a stand-up coach at Second City, MoSpeakers Big Day Academy and she also teaches privately. She is the author of *Stand-Up Comedy School: Stand Up in 10 Steps.* [morelink]

Humour

As an after-dinner speaker, Judy is at the top of her game. Her quick delivery, impeccable timing, and hilariously-unique slant, makes her one of the most sought after humourists in the country. She is a perfect fit to lighten the mood and entertain any audience for any type of corporate event or conference.

Judy Croon is represented by K&M Productions for speaking engagements at conferences and corporate events. **For more information & booking Judy Croon contact us.**